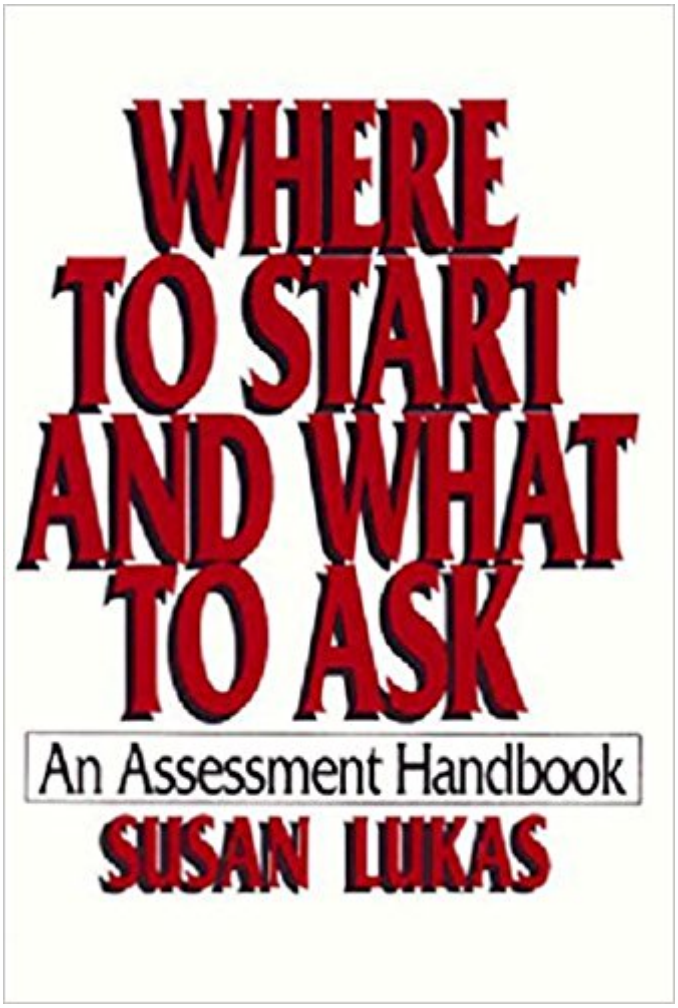
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Where To Start And What To Ask: An Assessment Handbook



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Synopsis

A "sink or swim" philosophy frequently prevails in mental health settings today. As a life raft for beginners and their supervisors, Where to Start and What to Ask provides all the necessary tools for garnering information from clients. Lukas also offers a framework for thinking about that information and formulating a thorough assessment. This indispensable book helps therapeutic neophytes organize their approach to the initial phase of treatment and navigate even rough clinical waters with competence and assurance.

Book Information

Paperback: 200 pages

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Average Customer Review: 4.5 out of 5 stars 90 customer reviews

Best Sellers Rank: #3,187 in Books (See Top 100 in Books) #2 inÃ Â Books > Health, Fitness & Dieting > Psychology & Counseling > Testing & Measurement #3 inÃ Â Books > Medical Books > Psychology > Testing & Measurement #6 inÃ Â Books > Health, Fitness & Dieting > Mental Health > Compulsive Behavior

Customer Reviews

[A] fine guide to clinical assessment certain to be as important today as it was when it first appeared nearly twenty years ago. Ã¢â ¬â • Midwest Book ReviewLukas writes clearly and concisely, offering quick yet interesting insights. She helps readers understand why assessment is important, then provides skills to improve oneÃ¢â ¬â„¢s interviewing skills. . . . [A] useful reference for any mental health practitioner.Ã¢â ¬Â• Ã¢â ¬â • PsychCentral

Susan Lukas, MSW, LCSW, received her degree in social work from Hunter College and practiced in New York City and in Nyack, New York. She died in 2008.

This was a required text for a counseling residency program. Unfortunately, we were notified rather late as to this text being required reading. What a help it would have been to have this

compassionate, wise and humane guide prior to seeing clients! I have used Morrison's "The First Interview" as a standard; Lukas successfully takes the clinical content and weaves a cogent, structured and narrative means of addressing the first interview without the clinical edge inherent in Morrison. Lukas also includes sections on children and couples. This is a wonderful resource for those entering the counseling profession.

I did not get the CD

This book is a quick read that clearly outlines exactly what the title says, where to start and what to ask. Questions to assess for suicidality, homicidality and abuse are provided. Intake interviews and the specific nuances involved are written about as well as a comprehensive set of questions to ask during an intake interview. There is a set of developmental and medical questions that really help to cover all the milestones. Some of the questions are quite detailed, but you can easily pick and choose what you want to utilize or leave out. I used many of the questions when developing my own intake interview questionnaire. Working with children, adults, couples and families are addressed as well as questions to ask during an initial intake interview for them. Pitfalls to look out for are given. This is a highly applicable book for those in the mental health or social work field.

Good

This book is great. It's short, and to the point. No boring rambling on and on for pages and pages. It tells you what you need to know and in a really easy to understand way. This is the first book I've wanted to keep for reference once I graduate and move into working in the field. I would highly recommend this book. I also find that this book is very true to what I've learned from working in the social work field doing assessments. This is a very informative and enjoyable book.

Pretty good book, helps with assessment and intakes, great for counseling stuents

As a graduate student studying social work with a mental health emphasis, I find this book really accessible and helpful. Figuring out how to conduct interviews with clients can be daunting, and this book provides numerous approaches for different situations: initial interviews with adults, children, families, couples, etc. It also provides information about assessing for physical and sexual abuse, substance abuse, and potential violence. I will definitely keep my copy handy as I begin to work in

the real world after graduation.

Anyone who works in the field of psychology should read this book in order to hone his/her interview skills. Step-by-step Ms. Lukas explains how to conduct a psychological interview for individuals, couples, families, and children. After reading this book, there will be no awkward silences when you interview patients because you will always know what to say.

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